

# Lexington Townhouses

August 2014 Newsletter

## Fire

Over the past few months, we had two units that experienced a kitchen fire. We are very thankful that no one was hurt. This could have spread quickly within the unit and onto another unit. Please NEVER leave things cooking on a stove. Make sure candles are on a sturdy surface with nothing around. Check your smoke detectors regularly and purchase a fire extinguisher. Discuss this matter with all members in your unit. Make sure your insurance policy is current.



## BE THE BIGGEST LOSER AT LEXINGTON TOWNHOUSES!!

Lose weight, feel great, get healthy, and have fun with your neighbors...these are the benefits of the Weight Loss Challenge that will be going on right here at Lexington. There will be an information meeting on **Tuesday, August 26<sup>th</sup>** in the cooperative clubhouse from 6:30 – 7:30 p.m. You will get information on a 12 week nutrition education program, \$39.00 entry fee (awarded to winners) in a fun and supportive environment. Free nutritional information and personal coaching. Cash prizes are awarded to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place. Classes would begin September 2<sup>nd</sup> OR September 9<sup>th</sup>. Come learn about the program...sign up, and lose weight and get healthy!!!! Now is the time.. Space is limited.

## A Friendly Notice

If you are having problems with a Neighbor; please try to resolve the problem by talking it through.

**Fighting will not solve anything**, and will make both you and your neighbors unhappy. If there is a serious or a reoccurring problem, and/or if you cannot solve the disagreement between yourselves, please take the proper steps such as filling out a complaint form. We are here to help resolve the problem properly.

## Additional Guests

Should you wish to have another person reside in your unit WITH you, you must inform the office. A background check must be conducted and permission must be granted BEFORE the person moves into your unit. Remember, you are in violation of the rules and regulations if you move out of your unit and allow someone else to live in your unit.

Thank you to those members that attended the National Night Out & Lexington Townhouses 50<sup>th</sup> Birthday Party! We hope you had a good time with your neighbors.